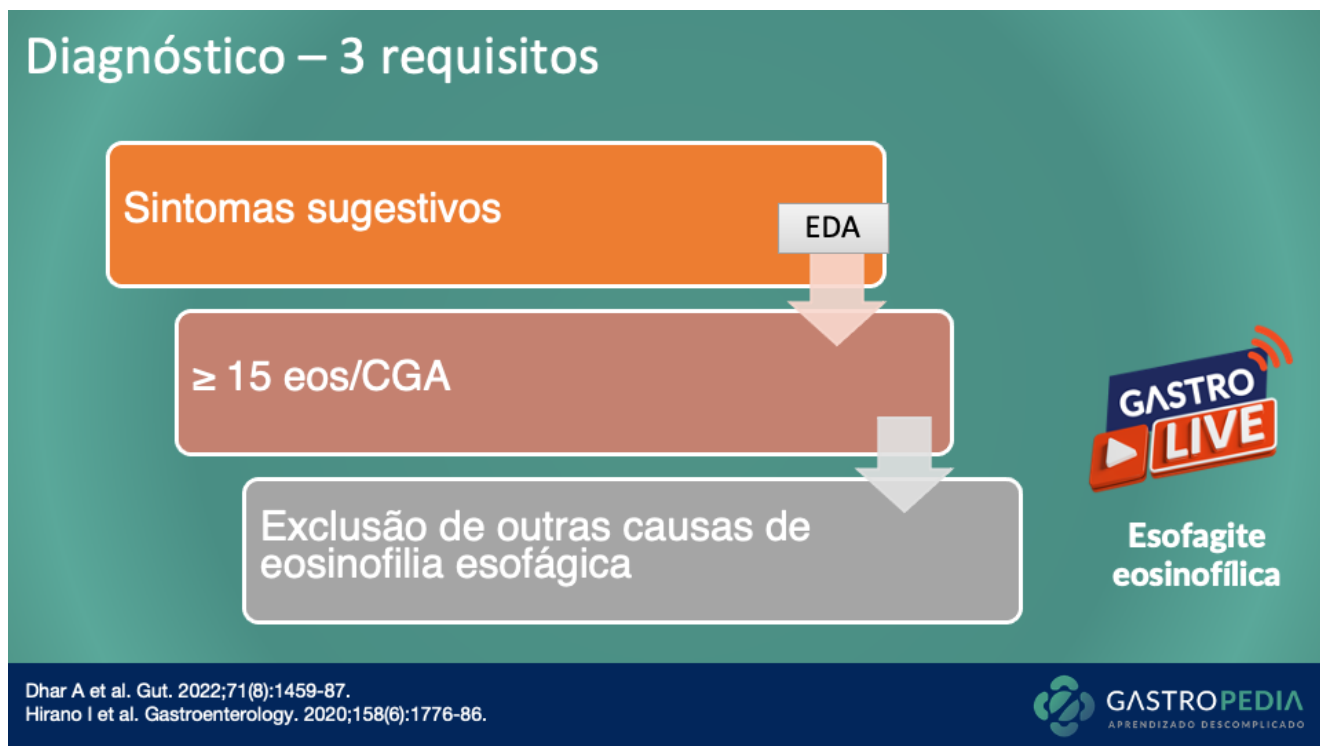


Live Esofagite Eosinofílica

Caros,

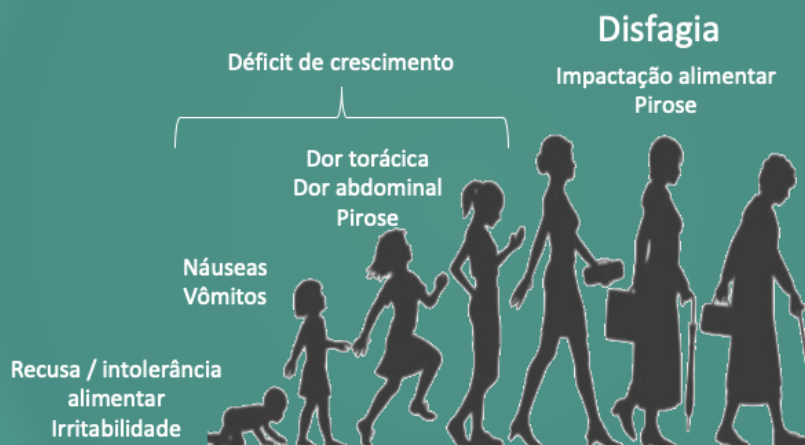
Segue abaixo os slides com as principais mensagens passadas durante nossa live de esofagite eosinofílica. Se você perdeu a live ou se quiser rever alguns trechos clique nesse link: [LIVE ESOFAGITE EOSINOFÍLICA](#)

Bons estudos!



Quando pensar?

Homem (3:1) jovem
História de asma / atopia



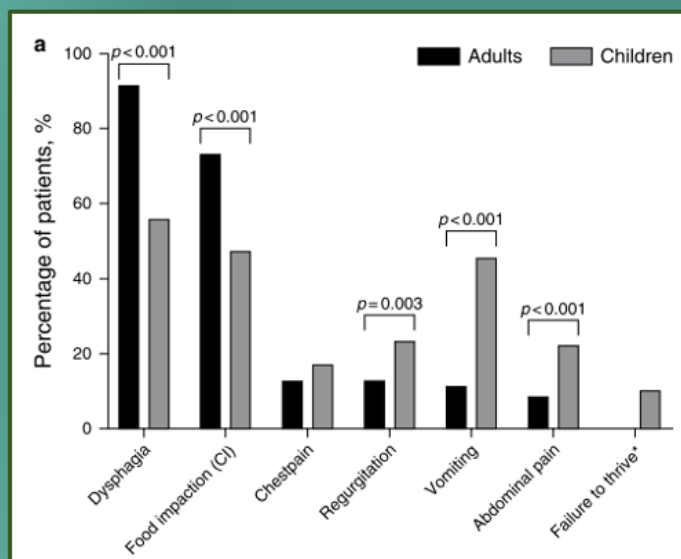
Esofagite eosinofílica

Muir A, Falk G. JAMA. 2021;326(13):1310-8.



GASTROPEDIA
APRENDIZADO DESCOMPLICADO

Sintomas



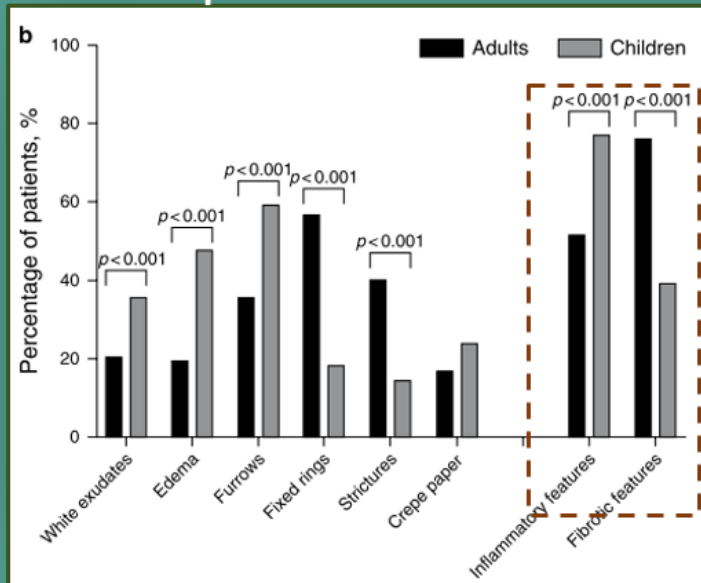
Esofagite eosinofílica

Warners MJ et al. Am J Gastroenterol. 2018;113(6):836-844.



GASTROPEDIA
APRENDIZADO DESCOMPLICADO

Achados Endoscópicos

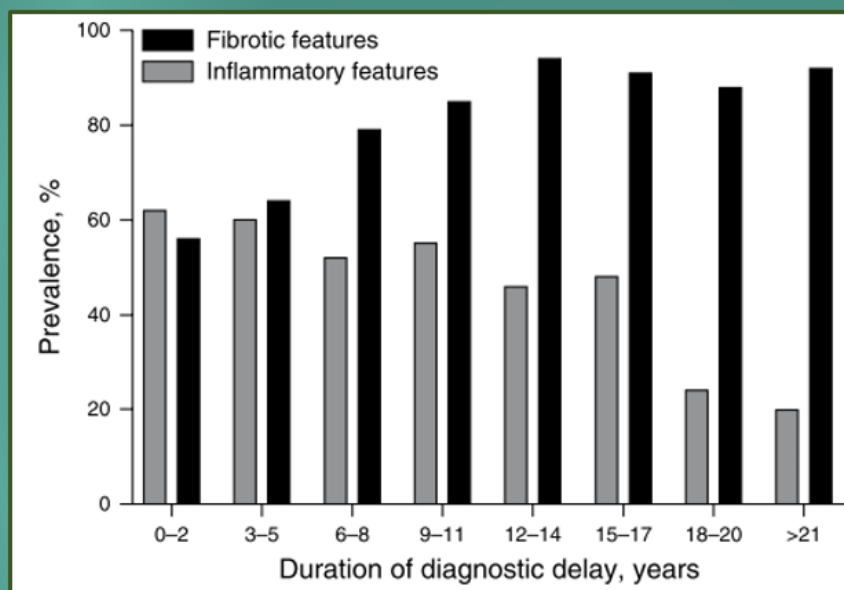


Esofagite eosinofílica

Warners MJ et al. Am J Gastroenterol. 2018;113(6):836-844.



GASTROPEDIA
APRENDIZADO DESCOMPLICADO



Cada ano sem tratamento, o risco de estenose aumenta em 9%



Esofagite eosinofílica

Warners MJ et al. Am J Gastroenterol. 2018;113(6):836-844.



GASTROPEDIA
APRENDIZADO DESCOMPLICADO

ORIGINAL ARTICLE

Endoscopic assessment of the oesophageal features of eosinophilic oesophagitis: validation of a novel classification and grading system

Ikuro Hirano,¹ Nelson Moy,¹ Michael G Heckman,² Colleen S Thomas,² Nirmala Gonsalves,¹ Sami R Achem³

EREFS

EoE Endoscopic Reference Score

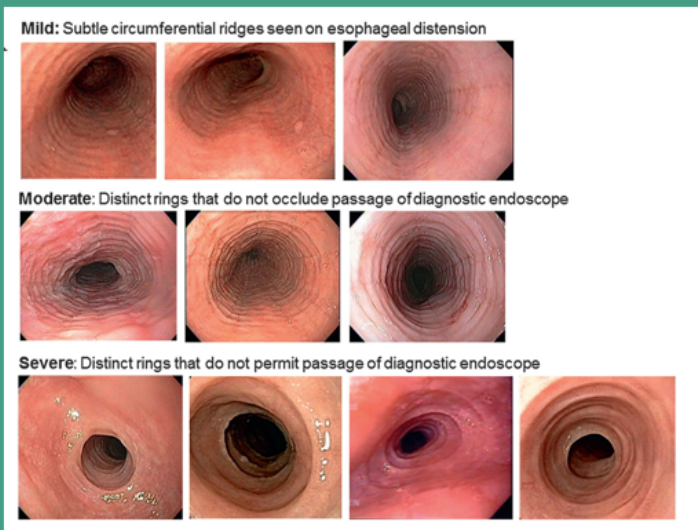


**Esofagite
Eosinofílica**

Hirano I et al. Gut 2013;62:489–495



Anéis (traqueização)



**Esofagite
Eosinofílica**

Hirano I et al. Gut 2013;62:489–495

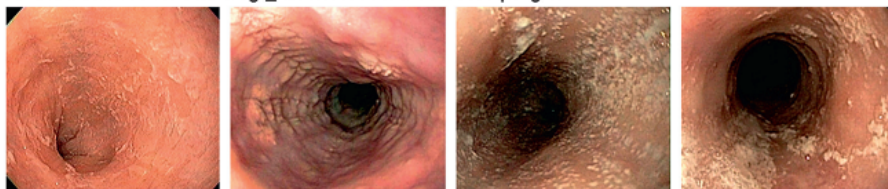


Exsudato

Mild: White lesions occupying < 10% of the esophageal surface area



Severe: White lesions involving $\geq 10\%$ of surface area of esophagus



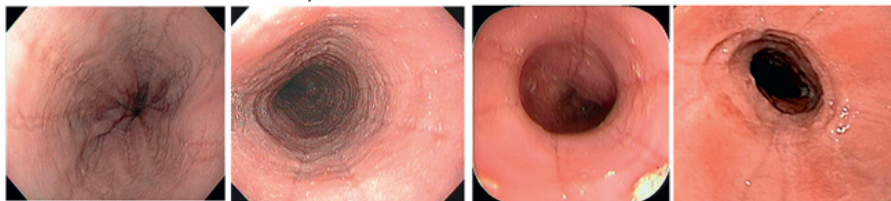
**Esofagite
Eosinofílica**

Hirano I et al. Gut 2013;62:489–495

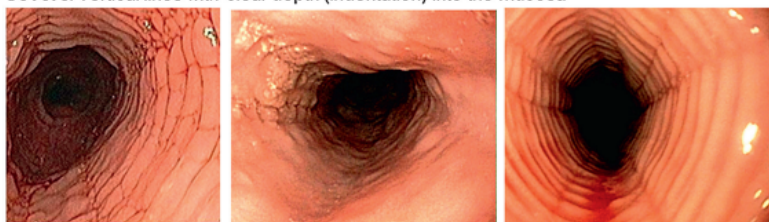


Fissuras

Mild: Vertical lines without visible depth



Severe: Vertical lines with clear depth (indentation) into the mucosa

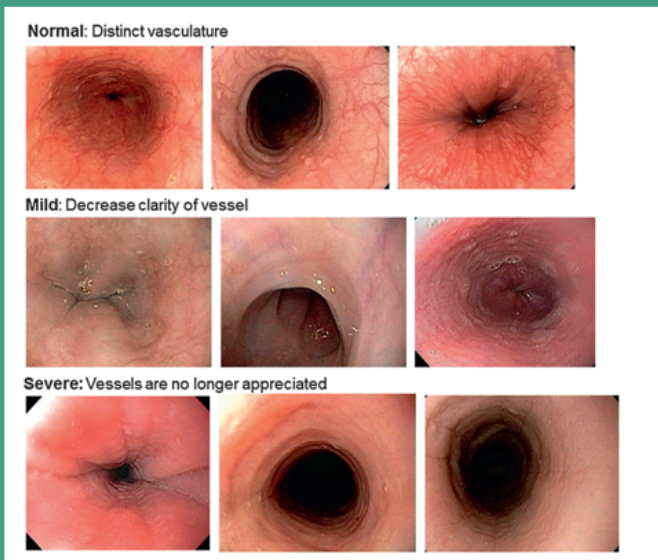


**Esofagite
Eosinofílica**

Hirano I et al. Gut 2013;62:489–495



Edema

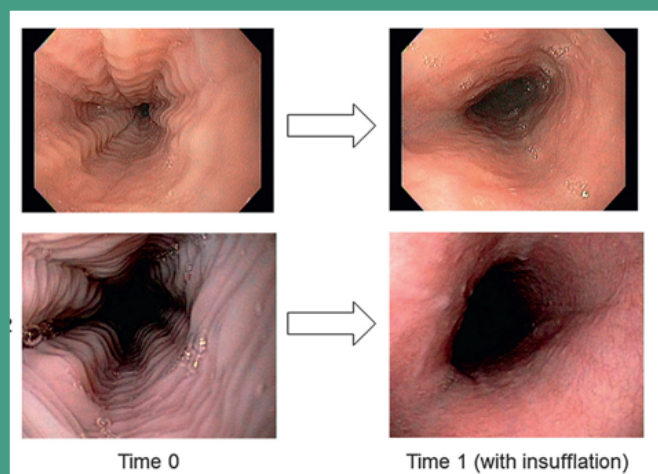


Esofagite
Eosinofílica

Hirano I et al. Gut 2013;62:489–495



Anéis transitórios

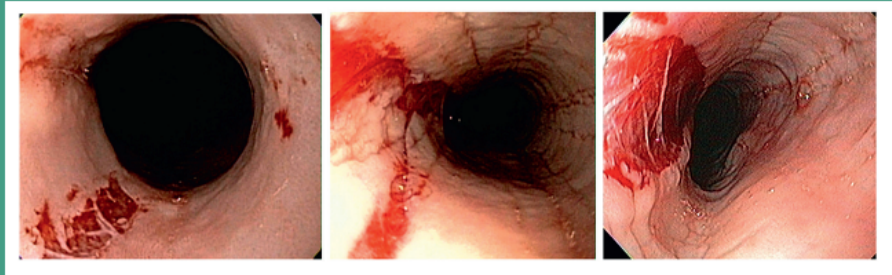


Esofagite
Eosinofílica

Hirano I et al. Gut 2013;62:489–495



Fragilidade da mucosa (esôf em papel crepom)



Esofagite
Eosinofílica

Hirano I et al. Gut 2013;62:489–495



MEETING SUMMARIES

A Clinical Severity Index for Eosinophilic Esophagitis: Development, Consensus, and Future Directions

Evan S. Dellon,¹ Paneez Khoury,² Amanda B. Muir,^{3,4} Chris A. Liacouras,^{3,4,5} Ekaterina Safroneeva,⁶ Dan Atkins,^{7,8} Margaret H. Collins,^{9,10} Nirmala Gonsalves,¹¹ Gary W. Falk,^{4,12} Jonathan M. Spergel,^{4,13} Ikuo Hirano,¹¹ Mima Chehade,¹⁴ Alain M. Schoepfer,¹⁵ Calies Menard-Katcher,^{16,17} David A. Katzka,¹⁸ Peter A. Bonis,¹⁹ Albert J. Bredenoord,²⁰ Bob Geng,^{21,22} Elizabeth T. Jensen,²³ Robert D. Peseck,^{24,25} Paul Feuerstadt,^{26,27} Sandeep K. Gupta,^{28,29,30} Alfredo J. Lucendo,^{31,32,33} Robert M. Genta,³⁴ Girish Hiremath,³⁵ Emily C. McGowan,³⁶ Fouad J. Moawad,³⁷ Kathryn A. Peterson,³⁸ Marc E. Rothenberg,^{39,40} Alex Straumann,⁴¹ Glenn T. Furuta,^{17,42,8} and Seema S. Aceves^{22,43,8}

¹Center for Esophageal Diseases and Swallowing, Division of Gastroenterology and Hepatology, University of North Carolina School of Medicine, Chapel Hill, North Carolina; ²Human Eosinophil Section, Laboratory of Parasitic Diseases, National Institute of Allergy and Infectious Diseases, Bethesda, Maryland; ³Division of Gastroenterology, Hepatology, and Nutrition, Perelman School of Medicine, University of Pennsylvania, Philadelphia, Pennsylvania; ⁴The Children's Hospital of Philadelphia, Philadelphia, Pennsylvania; ⁵Center for Pediatric Eosinophilic Disorders, Perelman School of Medicine, University of Pennsylvania, Philadelphia, Pennsylvania; ⁶Institute of Social and Preventive Medicine, University of Bern, Bern, Switzerland; ⁷Gastrointestinal Eosinophilic Diseases Program, University of Colorado School of Medicine, Aurora, Colorado; ⁸Children's Hospital Colorado, Aurora, Colorado; ⁹Department of Pathology and Laboratory Medicine, University of Cincinnati College of

I-SEE



Esofagite
Eosinofílica

Dellon ES et al. Gastroenterology 2022;163:59–76



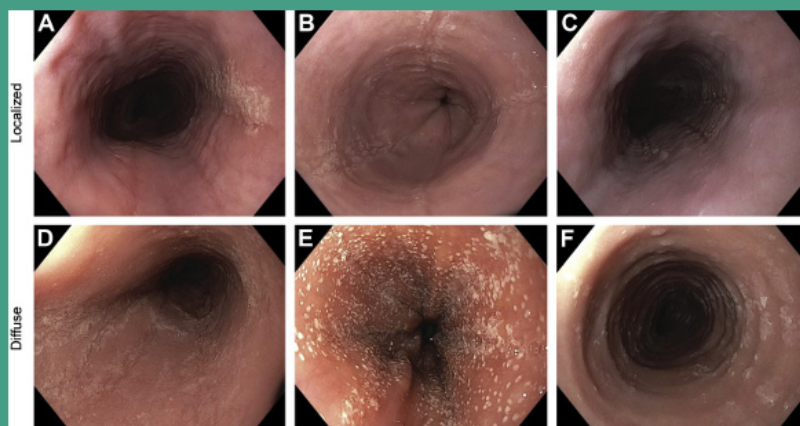
	1 ponto	2 pontos	4 pontos	15 pontos
Sintomas e complicações				
Sintomas	Semanais	Diários	Várias vezes ao dia	
Complicações		Impactação alimentar pct. > 18 anos	Impactação alimentar pct. < 18 anos	• Perfuração • Dificuldade de crescimento • necessidade formula elementar ou corticoide sist ou imunomodulador
Características inflamatórias				
Endoscopia (edema, fissuras, exsudato)	Localizado	Difuso		
Histologia	15-60 eos/cga	>60 eos/cga		
Características fibroestenóticas				
Endoscopia (anéis, estenoses)	Presente, mas endoscópio passa sem resistência	Presente, mas endoscópio passa com resistência ou precisa dilatação		Não passa endoscópio Dilatações repetidas (>18a) Qualquer dilatação (<18a)
Histologia		Hiperplasia zona basal ou fibrose da LP		
Total: <1 inativa; 1-6 atividade leve; 7-14 atividade moderada; ≥15 Atividade severa				

Dellon ES et al. Gastroenterology 2022;163:59–76



**Esofagite
Eosinofílica**

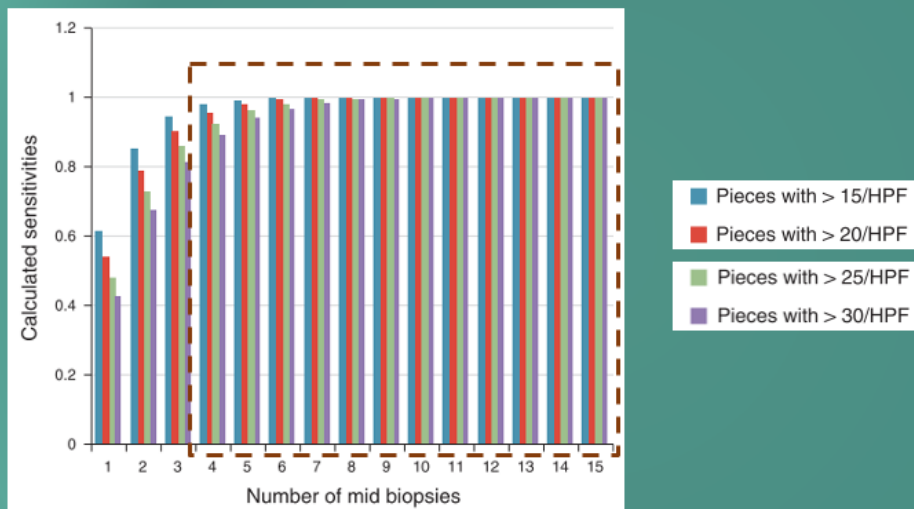
Localizada vs Difusa



**Esofagite
Eosinofílica**

Dellon ES et al. Gastroenterology 2022;163:59–76

Sensibilidade diagnóstica vs N biópsias



Nielsen JA et al. *Am J Gastroenterol.* 2014; 109(4):515-520.



Diagnóstico - Excluir causas de eosinofilia esofágica

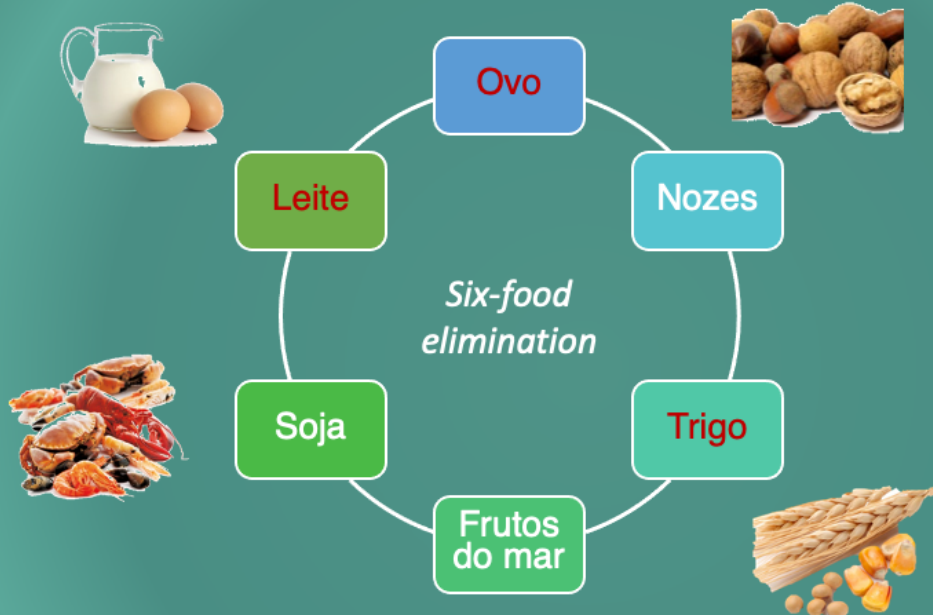
DIAGNÓSTICOS DIFERENCIAIS
Gastroenterite eosinofílica
Hipersensibilidade a drogas
Doença de Crohn
Infecções (ex: parasitas)
Síndrome hipereosinifílica
Vasculites
Doenças do tecido conjuntivo
Pênfigo
Enxerto x hospedeiro
Acalásia



Esofagite eosinofílica

Dhar A et al. *Gut.* 2022;71(8):1459-87.
Hirano I et al. *Gastroenterology.* 2020;158(6):1776-86..





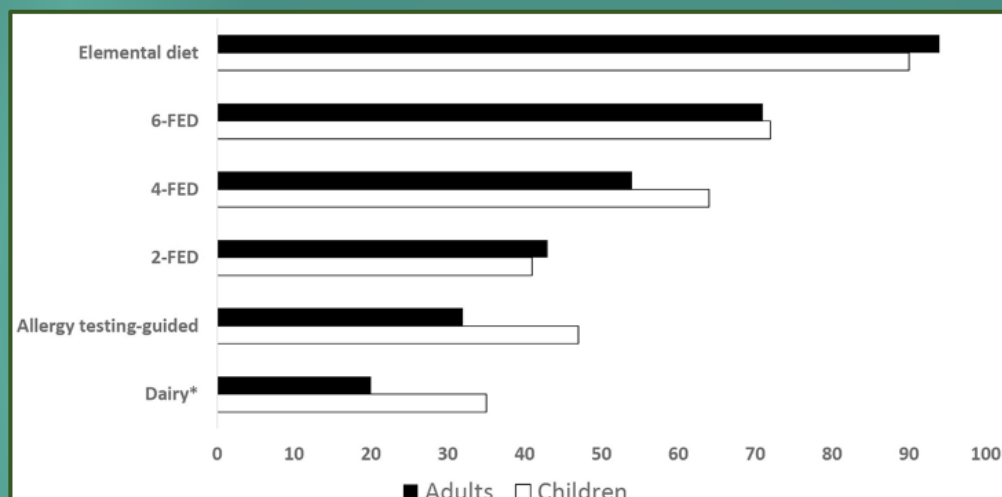
Principais são:

- Leite
- Ovo
- Trigo



Esofagite eosinofílica

Dhar A et al. Gut. 2022;71(8):1459-87.
Hirano I et al. Gastroenterology. 2020;158(6):1776-86..



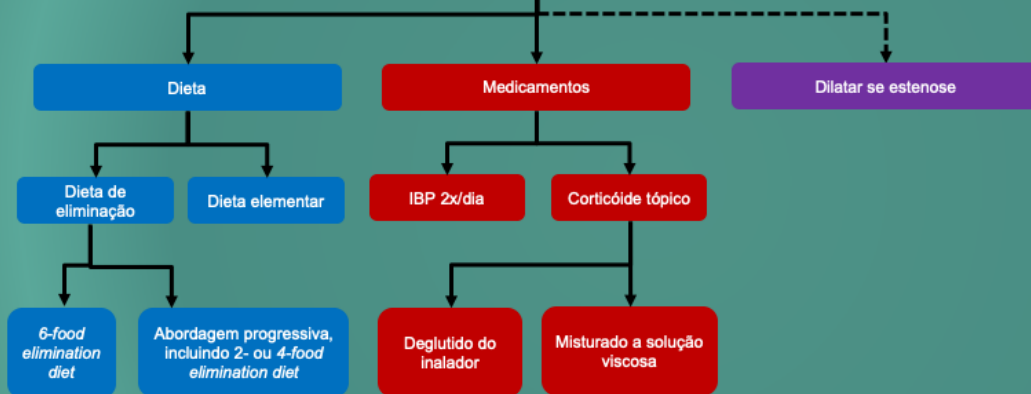
Esofagite eosinofílica

Molina-Infante J, Lucendo A. J Allergy Clin Immunol. 2018;142(1):41-47



Esofagite eosinofílica

Aconselhar paciente sobre opções disponíveis



Esofagite eosinofílica

Dhar A et al. Gut. 2022;71(8):1459-87.
Hirano I et al. Gastroenterology. 2020;158(6):1776-86..



Esofagite eosinofílica

Dhar A et al. Gut. 2022;71(8):1459-87.
Hirano I et al. Gastroenterology. 2020;158(6):1776-86..

